

WELCOME TO THE THURKLINIK

INFORMATION FOR YOUR STAY

Your Stay

We are pleased to welcome you. Our goal is to make your stay as comfortable as possible.

If you have any questions or special concerns, please contact our nursing staff at any time – our team is available 24/7.

Above your bed, there is an emergency bell that you can use at any time if needed. The nurses' station is located on the first floor, opposite the freely accessible tea bar.

During your stay, you are generally free to move around the clinic.

Please inform the nursing staff briefly if you leave the ward so we can reach you at any time and assist if needed.

Procedure

Before your procedure, your treating physician, anesthetist, and our nursing team will provide comprehensive information about anesthesia and the course of the procedure.

After the procedure, you will be monitored in the recovery room as you wake from anesthesia under professional supervision. Once your condition is stable and you are fully conscious, you will return to your room.

Protective Clothing for Parents

Parents can purchase disposable protective clothing for CHF 25 to accompany their child during anesthesia induction in the operating room. The protective clothing may then be taken home.

Visiting Hours by Insurance Category

General:

14:00–15:30 | 18:00–20:00

Semi-private:

10:00–12:00 | 14:00–20:00

Private:

10:00–20:00

Note: For data protection reasons, we cannot provide information about your stay to visitors or third parties without your written consent (personal data form).

Showering

Your health status and wound healing determine when you can shower again. The nursing staff will inform you accordingly. If needed, we are happy to assist you with showering and personal hygiene.

Meals

If you are staying only for a day:

- Please have a light meal with us before leaving the clinic.
- General well-being: Having an appetite is a good sign that you are ready to go home.
- Tolerance: We ensure that you can eat without nausea.
- Circulatory stability: Eating helps prevent dizziness and weakness after the procedure – an important requirement for a safe journey home.

If you are staying overnight:

- In the morning, the hotel service team will discuss your lunch and dinner options with you.
- Lunch is served between 11:30 and 12:00; dinner between 17:00 and 17:30.
- In the afternoon, light food is available, especially after surgery.
- A drinks vending machine is available in the cafeteria, providing snacks and beverages even at night.

Going Home

Your departure will be coordinated between your treating physician and the nursing team. You will receive all important documents, medications, follow-up care instructions, and any necessary follow-up appointments.

Please plan your journey home accordingly to ensure a smooth departure. Patients are generally expected to leave their room by 9:00 a.m. at the latest.